#### SADDLEWOOD EQUESTRIAN CENTRE INC.

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# What to Bring to Camp

The following list is provided as a guide. Use this form as a check list to help you remember what you brought to camp. To ensure that all your belongings return home with you, write down the quantity of each item brought to camp. Bring this form to camp with you and check off each item when it is time to pack for home. Make sure all your clothing and shoes are labelled with your name, especially riding boots, riding pants and running shoes.

VALUABLE ITEMS (JEWELLERY, EXPENSIVE CAMERAS, EXPENSIVE CLOTHING AND SHOES) SHOULD BE LEFT AT HOME. DO NOT BRING ANYTHING THAT CANNOT BE REPLACED IF LOST.

LAPTOP COMPUTERS, DVD PLAYERS OR VIDEO GAMES ARE NOT ALLOWED. LEAVE THEM AT HOME. Campers are encouraged to leave their cell phones at home. Any cell phone brought to camp will have the SIM card removed.

#### **FOR RIDING**

You must have a well-fitting, safety approved, BSI or ASTM approved helmet. Make sure your name is in your helmet as they all look alike.

Shoes or boots with a heel (at least a 1.5 cm)

Comfortable pants, (breeches or light cotton legging type pants are best)

Riding gloves or cotton gloves (optional, but a good idea)

### IN THE CABIN

1 laundry bag

2 sheets (twin)

1 pillow

2 pillow cases

1 blanket or comforter

2 towels and 2 face cloths

Flashlight

Favourite stuffed animal

## **PERSONAL NEEDS**

Tooth brush, tooth paste, hair brush, shampoo, lip balm, insect repellent, sun screen, water bottle, sunglasses, writing paper and pen, etc.

CLOTHING	Describe	Quantity
Bathing Suits		
P.J.'s		
Shorts		
T-Shirts		
Sweat Shirts		
Other shirts and tops		
Jeans and pants		
Pants for riding		
Underwear (7 pair)		
Socks (7 pair)		
Warm Sweaters		
Warm windproof jacket		
Raincoat and rain boots		
Other items brought to camp (Please list	) OWhite shirt for tie-dye	